















NATIONAL AND REGIONAL BIATHLE AND TRIATHLE CHAMPIONSHIP

INTERNATIONAL MEETING BIATHLE AND TRIATHLE

PARA BIATHLE AND PARA TRIATHLE – MACHICO – May 10 and 11, 2025

The Portuguese Modern Pentathlon Federation, Pentatlo Madeira and Machico City Hall have the great pleasure to invite a delegation of Your Country to participate in the above mentioned competition that will be held in Machico, Madeira (Portugal), from 10th until 11th May 2025. The event includes National and Regional Biathle and Triathle Championship, International Meeting Biathle and Triathle, Para Biathle and Para Triathle events.

Competition Programme

Friday, May 9, 2025

Arrival of Delegations - Registration Procedures

18:00 Welcome Drink for team Managers – Forte de Nossa Senhora do Amparo [32°43'02"N 16°45'53"W]

Saturday, May 10, 2025

07:30 - 13:30Race Office – Ludens Clube Machico [32°43'07.0"N 16°45'36.9"W]

08:00 Technical Meeting (race briefing) - Ludens Clube Machico [32°43'07.0"N 16°45'36.9"W]

09:00 Biathle & Para Biathle (Individual Competition)

15:00 Awards Ceremony - Biathle

Sunday, May 11, 2025

07:30 - 13:15Race Office - Ludens Clube Machico [32°43'07.0"N 16°45'36.9"W]

08:00 Technical Meeting (race briefing) - Ludens Clube Machico [32°43'07.0"N 16°45'36.9"W]

09:00 Triathle & Para Triathle (Individual Competition)

15:00 Awards Ceremony - Triathle

17:00 Machico Ninja Park Opening – Parque Desportivo Água de Pena [32°42'12.5"N 16°46'02.6"W]

19:00 Closing Dinner

Competition Rules

The competition will be carried out according to the UIPM Biathle & Triathle Rules (www.pentathlon.org)

- Swimming Ocean Bay
- Run Asphalt and Pavement surface.
- Shooting Hit & Miss Ecoaims homologated targets

Pentatlo Madeira

Edifício da Escola Básica do Caramanchão - Rua de Carlos Cristóvão, N.º1, 9200-073 Machico NIFC - 511284020 Tlm. 962 516 971































Para athletes competition / categories please contact Radka from UIPM para@pentathlon.org for classification process

Registration

Delegations are allowed to enter with unlimited number of athletes.

- 1. Please complete the Entry Form and return it to us by email until March 31st, 2025
- 2. Please, confirm FINAL Form and return it to us by email until May 2nd, 2025

Entry Form https://www.fppm.pt/madeira/index.php/inscricoes

Email secretariadopentatlomadeira@gmail.com

Entry fees, per person: 1 event: 10 EUR | 2 events: 15 EUR

Registration process and payments must be done as follows:

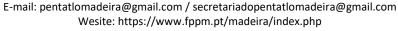
- Registration Form A + entry fees payment until 31st March
- Late registrations with additional fee of 5 € per person/event (until 27nd April)
- Last minute registrations after 27th April 25 € per person/event
- First 150 registered athletes will get a T-shirt for free

Additional Fees for Athletes/Coaches/Friends/Guests/Family Members:

Closing Dinner a Fee of 25 EUR (Registration for email secretariadopentatlomadeira@gmail.com)



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Categories and Distances

Biathle Biathle										
Under 9 (2017 – 2018)	Run 200m	Swim 50m	Run 200m							
Under 11 (2015 – 2016)	Run 400m	Swim 50m	Run 400m							
Under 13 (2013 – 2014)	Run 400m	Swim 100m	Run 400m							
Under 15 (2011 – 2012)	Run 800m	Swim 100m	Run 800m							
Under 17 (2009 – 2010)	Run 800m	Swim 200m	Run 800m							
Under 19 (2007 – 2008)	Run 800m	Swim 200m	Run 800m							
Juniors (2004 – 2006)	Run 800m	Swim 200m	Run 800m							
Seniors (1986 – 2003)	Run 800m	Swim 200m	Run 800m							
Masters 40+ (1976 – 1985)	Run 800m	Swim 100m	Run 800m							
Masters 50+ (1966 – 1975)	Run 800m	Swim 100m	Run 800m							
Masters 60+ (1956 – 1965)	Run 800m	Swim 50m	Run 800m							
Masters 70+ (1946 – 1955)	Masters 70+ (1946 – 1955) Run 400m		Run 400m							

Triathle												
Under 9 (2017 – 2018)	Shoot 5m (2 hands)	Run 300m	Shoot 5m (2 hands)	Swim 50m	Run 300m							
Under 11 (2015 – 2016)	Shoot 5m (2 hands)	Run 300m	Shoot 5m (2 hands)	Swim 50m	Run 300m							
Under 13 (2013 – 2014)	Shoot 5m	Run 300m	Shoot 5m	Run 300m	Shoot 5m	Swim 100m	Run 300m					
Under 15 (2011 – 2012)	Shoot 5m	Run 600m	Shoot 5m	Run 600m	Shoot 5m	Swim 100m	Run 600m					
Under 17 (2009 – 2010)	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Swim 200m	Run 600m			
Under 19 (2007 – 2008)	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Swim 200m	Run 600m		
Juniors (2004 – 2006)	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Swim 200m	Run 600m		
Seniors (1986 – 2003)	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Swim 200m	Run 600m		
Masters 40+ (1976 – 1985)	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Swim 100m	Run 600m					
Masters 50+ (1966 – 1975)	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Swim 100m	Run 600m					
Masters 60+ (1956 – 1965)	Shoot 5m	Run 300m	Shoot 5m	Run 300m	Shoot 5m	Swim 50m	Run 300m					
Masters 70+ (1946 – 1955)	Shoot 5m	Run 300m	Shoot 5m	Swim 50m	Run 300m					_		

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Maps

Google Maps - https://www.fppm.pt/madeira/index.php/regulamentos-convocatorias

Biathle Competition

Race Area - 32°43'07.5"N 16°45'37.8"W



Run 800m



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Run 400m



Run 200m



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Triathle Competition

Race Area - 32°43'07.5"N 16°45'37.8"W



Run 600m



Run 300m



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Classification System

The Classification System to be used will be My Laps - Pro Chip. All participating athletes must have an associated chip, assigned by Pentatlo Madeira, and the chip must be returned at the end of the race. The athlete's bib number will be marked on the arms and the basket / shoot number will be marked on the hand.

Prémios

Individual: medals for top 3 will be given in each individual category and gender.

Prize-Money: 1500 € total to be announced

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