



FPPM
Federação Portuguesa
do Pentatlo Moderno



UIPM Para Obstacle TRAINING CAMP

INVITATION

Dear President, Dear Secretary general,

Dear Colleagues

We are pleased to invite expressions of interest for an upcoming UIPM Para Obstacle Camp, taking place from 26–28 June at the Machico Ninja Park, following the European Championships. This camp will be delivered by qualified and experienced coaches, making full use of an outstanding new facility designed to support the development of obstacle skills in a safe, inclusive, and high-performance environment. Participants will have the opportunity to gain practical skills, build confidence, and deepen their understanding of this exciting and rapidly evolving discipline within modern pentathlon.

The programme will begin with dedicated coach workshops on the evening of Friday 26 June, focusing on knowledge-sharing, adaptation strategies, and best practice in delivering obstacle training for para athletes. This will be followed by two full days of practical sessions on 27–28 June. These sessions are designed to provide both coaches and athletes with hands-on experience, helping them to develop the tools needed to train effectively and inclusively within their own programmes.

Para athletes from all UIPM sport classes (PMP1, PMP2, PMP3, PMP4, PMP5, PMP6, PMP7a, and PMP7b) are warmly encouraged to attend. The camp will offer a combination of large group activities and smaller, tailored sessions to ensure individual needs are met. In addition, there will be an opportunity to take part in a friendly mini-competition, allowing athletes to apply their skills in a supportive and encouraging environment. This camp has been developed following the “Embracing Ability” para workshop held in December 2025, reflecting a clear need within the pentathlon para community to upskill and fully embrace the obstacle discipline. Your responses to this expression of interest form will help us determine the level of demand and overall feasibility of the camp, ensuring it meets the needs of both athletes and coaches.

If you have any questions or would like further information, please contact nicola.robinson@pentathlongb.org.



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European Confederation
of Modern Pentathlon



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